

# UNDERSTANDING IMAGE BASED BACKUPS in 5 MINUTES

When it comes to protecting business data, it's critical to have a very clear understanding of the various backup methods. The two most common methods are "File Level Backup" and "Image Based Backup". Below we will take a quick comparison of these two methods.

**Image Based Backups** create a full backup of the entire operating system and provides the best protection.

**File Level Backups** only backup files and folders, and do not backup the entire Operating System.

BACKUP FEATURE	IMAGE BASE DBACKUPS	FILE LEVEL BACKUPS
Backup Operating System	Yes	No
Backup System Settings	Yes	No
Backup User Lists	Yes	No
Backup Shared Printers	Yes	No
Backup Security Settings	Yes	No
Backup Data Folders	Yes	Yes
Guaranteed Backup of Every Sing File	Yes	No

## Conclusion

While file level backup is the easiest to implement, it's not the best at most complete data protection. There is also a chance that some files would not get backed if used by the system or users. When it comes to business continuity, a business decision maker must always insist on Image Based Backups.